

# Institut Gestalt Studia

Pořádá seminář na téma

## **Panické ataky z pohledu gestalt terapie**

Workshop povede přední představitel  
současné gestalt terapie

**Gianni Francesetti**

**29.9.2018**

**Časová struktura: 9-17:30 hod**

**Kde: Apolinářská 4a, Praha 2  
Aula Kliniky adiktologie**

**Středisko pro psychoterapii a  
rodinnou terapii**

**Cena: 1800 Kč**

**Kapacita účastníků omezena**

**Seminář proběhne v angličtině, tlumočení dle  
potřeby účastníků**

**Registrace na email:**

**mudr.mcerny@gmail.com**



# **Gestalt therapy approach to panic disorder**

We propose an exploration of panic disorder from a Gestalt therapy perspective. In the workshop we propose theoretical frames, practical experiences, supervision and personal work with the aim to present an overview on this disorder and its psychotherapeutic treatment.

The clinical perspective we present is the result of a research we have done for many years and we published in the book 'Panic attacks and postmodernity. Gestalt therapy between clinical and social perspective', G. Francesetti (Ed.), F. Angeli, Milan, 2007.

## **Theoretical contents:**

- Phenomenological and descriptive approach to panic attacks
- Differences between panic, panic attacks, panic disorder
- Figure/background dynamic in panic attacks
- Self functions and panic disorder
- Life phases and events and panic disorder
- Specific support and treatment's phases
- Panic disorder in the postmodern era
- Panic disorder and Affective Neurosciences

**\* Gianni Francesetti**

Psychiatrist, Gestalt therapist, international trainer and supervisor, adjunct professor at the University of Torino, Dep. of Psychology. He has published widely on psychotherapy and psychopathology, exploring original approaches to understanding clinical suffering from a phenomenological and Gestalt therapy viewpoint and proposing new models for framing particular clinical disorders (including experiences of panic, depression, psychosis, and obsessive-compulsive disorder). He is president of Poiesis. Gestalt Therapy Center of Torino and co-director of the IPsiG (International Institute for Gestalt Therapy and Psychopathology). He is Past President of the EAGT (European Association for Gestalt Therapy), of the SIPG (Italian Society for Gestalt therapy) and of the FIAP (Italian Federation of Psychotherapy Associations), member of the New York Institute for Gestalt Therapy, the Association for the Advancement of Gestalt Therapy (AAGT), the European Association of Psychotherapy (EAP), and the Society for Psychotherapy Research (SPR). He lives and works in Turin, Italy.

[gianni.francesetti@gmail.com](mailto:gianni.francesetti@gmail.com) [www.ipsig.it](http://www.ipsig.it)