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Curriculum Vitae

25/10/1963	born in Eggenburg / Lower Austria
02/01/1989	birth of my daughter Mirjam
1982	Psychology Studies at University of Innsbruck/Austria and continued at University of Vienna/Austria
1987 – 1989	participated in self experiential Gestalt group for personal development and growth
1988 – 1990	free- lance in an organisation treating substance abusers, was co-facilitating group therapy worked at the out patient department of the University Clinic of Psychiatry, University of Vienna, delivering treatment to substance abusers
1992- 1999	worked with unemployed women in a gender specific project for occupational rehabilitation Set up a counselling centre for unemployed women
09/1991 – 1997	Gestalt Therapy - Training at the OEAGG with Eva-Maria Stix, Michael Kösten, Albin Hofer- Moser, Melitta Schwarzmann (Training Group), Nancy Amendt-Lyon (Supervision), Kathleen Höll (Personal Experience) etc.
01 – 06/1997	prepared thesis “The impact of my feministic background on my work as a Gestalt therapist”
11 / 1997	Graduation as Gestalt therapist within in the FS/IGT/OEAGG
18.3.1998	chartered Psychotherapist status by the Austrian Ministry of Health
Since 04/1999	self-employed Psychotherapist in private practice free - lance psychotherapist for Verein P.A.S.S. (www.pass.at) organisation for treating substance misusers
26/02/2003	ECP European Certificate of Psychotherapy
07/2006 – 07/2007	empolyed as psychotherapist in Vienna’s first women’s counselling centre www.frauenberatenfrauen.at
2007	nominated coordinator for health promotion and addiction-prevention programs for children, adolescents and adults for Verein P.A.S.S.
2005	Graduation in Psychology Masters degree at the Department of Psychology, University of Vienna Master Thesis “Gender-specific coping strategies following traumatizing experiences of violence”
Since 2006	Lecturer University of Medicine / Graz “Health psychology and gender-related health behavior” at the department of Health- and Nursing Sciences
2007	Founding member of OEVG Austrian Association for Gestalt therapy www.oevg-gestalt.at and Austrian delegate for the EAGT; Vicepresident of OEVG

- 11/ 2009 ordinary member in the EAGT
 Member of EAGT Ethics committee (EEC)
- 3/2013 Chair of Committee of Professional Competences and Qualitative
 Standards in EAGT

Continuing Professional Development following Qualification as Psychotherapist

- 2000 – 2013 International Training Program: Gestalt Therapy Approach to Psychopathology EAGT,
 2011-2013 EMDR - training Institute for Trauma Therapy Berlin and Vienna, 2000-
 2002
- Supervision group Gianni Francesetti, Margherita Spagnuolo Lobb, Rom, May, 2013
- Training for Psycho-imaginative Trauma therapy with Luise Reddemann & Ulrich
 Sachsse, Bielefeld/Göttingen/ Vienna, 2000

Additional Gestalt-specific training/conferences

- 2014 Supporting Save Therapy, May, 2014 University of Sheffield, School for Health and Related
 Research, UK “Adverse effects in Psychotherapy”
 Research in Gestalt Therapy, EAGT, May, 2014
 World Conference for Psychotherapy 8/2011 Sydney, Australia
 EAGT Conference Krakow 2013
- 2011 DVG/SVG/OEVG/FSIGT Conferences 2005/2008/2011
- 2010 EAGT Conference Berlin 2010
- 2008 ESTD Bi-Annual Intl. Conference on Trauma and Dissociation, Amsterdam, 2008
- 2007 EAGT Conference Athens 2007
 FS/IGT Gestalt conferences 2003/2006/2007
- 2006 German-Speaking Gestalt Writers Conference, Vienna 2006
- British Gestalt Journal International Seminar Day, High Wycombe, 2006
- 2000 Advanced training for Eating Disorders, 2000

Publications

- Wimmer, B. (2014): Der Kampf der Liebenden- Daniel Stern und die Gestalttherapie- eine etwas
 ungleiche Liebe.in Hartmann-Kottek, L. (Ed.) Gestalttherapie- Faszination und Wirksamkeit. Eine
 Bestandsaufnahme. Psychosozial Verlag, Gießen, 2014 (Psychoanalysis, Gestalt Therapy)
- Thosold, B. & **Wimmer, B.** (2013) Comment on Bongers, D. (2013) Violent Behaviours. In: Francesetti,
 G., Gecele, M., & Roubal, J. (Eds.): Gestalt Therapy in Clinical Practice: From Psychopathology to the
 Aesthetics of Contact. Milano: FrancoAngeli, 693-695. (enforced therapy, violent behavior, addiction,
 ethics)
- Baalen, D., Francesetti, G., Roubal, J., Vidakovic, I., **Wimmer, B.**, Zeleskov-Djoric, J. (2013)
 Professional Competencies and Quality Standards: Specific Competencies of Gestalt Therapists.

EAGT, 2013: <http://www.eagt.org/pcqs/PC&QS%20-%20competencies.pdf> (professional competencies, specific Gestalt competencies, ethics, domains)

WIMMER, B. (2008) Gesundheitspsychologie und Geschlechtsspezifisches

Gesundheitshandeln. [http://vmc.meduni-](http://vmc.meduni-graz.at/vmc/WIMMER_GESUNDHEITSPSYCHOLOGIEUNDGESCHLECHTSSPEZIFISCHESGESUNDHEITSHA)

[graz.at/vmc/WIMMER_GESUNDHEITSPSYCHOLOGIEUNDGESCHLECHTSSPEZIFISCHESGESUNDHEITSHA](http://vmc.meduni-graz.at/vmc/WIMMER_GESUNDHEITSPSYCHOLOGIEUNDGESCHLECHTSSPEZIFISCHESGESUNDHEITSHA)
NDELN_2-2008_V1.aspx. Health psychology and gender-related health behaviour. Keywords: Gender Stereotyping, Gender medicine, Gender-optimized Treatment.

Weichselbraun, A., **Wimmer, B.** (2011): Träumen, wovon? Bericht zum World Congress

for Psychotherapy 2011, Sydney Australia. In: Psychotherapie-Berufsentwicklung, 1(3): 45-48

WIMMER, B. (2008): Hat das Trauma ein Geschlecht? Genderperspektivische Bewältigungsstrategien nach traumatisierender Gewalterfahrung aus der Sicht gestalttherapeutischer Theorie. In Anger, H., Schulthess, P. (Hrsg.) Gestalttraumatherapie. Bergisch Gladbach: EHP, 239-248. Does trauma have a certain sex? Gender-specific coping strategies following violent experiences from the perspective of Gestalt therapy theory. Gender, sex, trauma, violence, Gestalt therapy.

Wimmer, B. (1997) The impact of my feministic background on my work as a Gestalt therapist. FS/IGT in OEAGG, Vienna.